

# SHAFTESBURY C.C. START SHEET

# 2017

## **25 Miles Time Trial - Sunday 19th March 2017** **(InterClub event with Lea Valley CC)**

Timekeeper: Keith West

C.T.T. Standardised Handicapping System

Event Secretary: Paul Hirst, Shaftesbury CC. 85 Peterborough Avenue, Upminster, RM14 3LL

**EVENT HQ:** Shaftesbury CC Bungalow, North Hall Road, Ugley, Essex. CM22 6JD

### E.1b 25 Miles COURSE DETAILS

**START** at 7th kerb joint from northern end of the 34th milestone layby on the B.1383. Proceed north through Newport, straight on at roundabout junction of B1383/B1052 (approximately 1 mile north of Newport) and continue through Littlebury and Great Chesterford to **Stump Cross** roundabout (**M**), **9.83 miles**. Turn left at first exit onto **A.1301**, cross straight over next two roundabouts, whilst passing under A.11 flyover, to the **Hinxton Hall** roundabout. Take second exit (exercising Great Care as the roundabout is offset with a somewhat severe turn on the way out and riders have been caught out, clipping the kerb when exiting the roundabout) and continue to **Sawston** roundabout junction with **A.505 (M & C)**, **12.25 miles**. Turn round roundabout and retrace, passing under A.11, to **Stump Cross** roundabout where take second exit (**M**) onto **B.1383**. Retrace through Great Chesterford, Littlebury, Newport, Quendon to **FINISH** in **Ugley** at surface water gully at centre of small green 100 yards north of the "**Chequers P.H.**"

**IN THE INTERESTS OF YOUR OWN SAFETY**, Cycling Time Trials and the Event Promoters strongly advise you to wear a **HARD SHELL SAFETY HELMET** that meets an internationally accepted safety standard. In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will also be liable to disciplinary action by the District Committee.

### CTT London East Local Regulations

**NO 'U' TURNS** are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.

**Static Trainers** – In respect of and in consideration for local residents, the use of static trainers, e.g., turbo trainers, is banned from all morning events held in the London East District.

**Warning** – Hinxton Roundabout. There have been a number of accidents to riders at Hinxton Roundabout, which is the 5<sup>th</sup> one you come to on the way out. The RAB is offset so that the exit is somewhat severe and riders have been caught out, clipping the inside kerb. PLEASE EXERCISE CAUTION.

Riders should use the lane from North Hall Road to Patmore End to travel to and from the Start and Finish. This is a narrow lane and care should be taken at bends to avoid oncoming traffic. To get to the HQ from this lane turn right into North Hall Road and HQ is 100 yards on the left.

**Marshalling.** Marshals placed to direct competitors off the main carriageway **MUST NOT** stand at the apex between the carriageway and the slip road, but should be located at the start of the slip road.

**Body numbers** will be situated at the event headquarters where riders must also sign on. Parking will be available at the Bungalow.

Shaftesbury and PTT riders should pay their £4 entry fee when signing on, Lea Valley riders should pay their entry fee to their Club's Time Trial Secretary.

**Various officials may still be required - Pusher Off, Recorder, Marshals at Stump Cross and Sawston. Can you help? Please let Paul Hirst have your offers of help.**

## 25 Miles Time Trial - Sunday 19th March 2017 (Cont'd)

No	Name	Club	Cat	Age Standard	SCC Handicap	Start
1	Anthony Dando	Shaftesbury CC	V	1:07.03	31.56	9.01
2	Nick McAuliffe	Shaftesbury CC	V	1:07.38	19.59	9.02
3	Adam Bishop	Lea Valley CC	V			9.03
4	George Kemp	Lea Valley CC	S			9.04
5	Scott Beard	Shaftesbury CC	V	1:06.39	12.40	9.05
6	Gary Jackson	Shaftesbury CC	V	1:10.04	16.57	9.06
7	Bob Pisolkar	Shaftesbury CC	V	1:09.49	22.07	9.07
8	James Green	Shaftesbury CC	V	1:08.52	25.05	9.08
9	Ian Jackson	Shaftesbury CC	V	1:08.52	26.07	9.09
10	Matt Steel	Shaftesbury CC	V	1:06.13	6.25	9.10
11	Wayne Greve	Shaftesbury CC	V	1:07.50	14.55	9.11
12	James Morris	Lea Valley CC	V			9.12
13	Colin Lewin	P.T.T.	V			9.13

### AWARDS FOR SHAFTESBURY RIDERS

1st FASTEST

FASTEST VETERAN ON STANDARD

1st to 3rd HANDICAPS